30-Day Art Challenge

FOR KIDS | One small creative adventure at a time

Artist: _____ Start date: _____

Tick each day you try. Go in order or choose a favourite - there is no rush.

DAY 01 ☐

Playful lines

Draw wavy, curly, zigzag and dotted lines. Turn a few into pictures.

DAY 02 ☐

Three colours

Choose three colours and use only those to make a picture.

DAY 03 ☐

Circle picture

Use circles of different sizes to create something imaginative.

DAY 04 ☐

Warm and cool

Explore reds, oranges and yellows on one half; blues, greens and purples on the other.

DAY 05 ☐

Scribble art

Make a scribble, then add details to turn it into something new.

DAY 06 ☐

Make a pattern

Repeat shapes, lines or colours. Add a patterned border.

DAY 07 ☐

Shape town

Build a town on paper using circles, rectangles, triangles and squares.

DAY 08 ☐

Look at a leaf

Draw a fallen leaf. Notice its outline, veins and edges.

DAY 09 ☐

Invent an animal

Combine features from different animals. Name your new creature.

DAY 10 ☐

Design a butterfly

Decorate its wings with matching or different patterns.

DAY 11 ☐

Draw your weather

Use colours and marks to show the weather outside today.

DAY 12 ☐

Under the sea

Create an underwater world with real or imaginary creatures.

DAY 13 ☐

Leaf rubbings

Put a leaf under paper. Rub gently with the side of a crayon.

DAY 14 ☐

Dream garden

Invent a garden with surprising flowers, trees or snack-growing plants.

DAY 15 ☐

Friendly robot

Design a robot with a special job. Add useful buttons and tools.

Basic supplies: paper, pencils or crayons, washable paint, paper scraps and glue.

Adult help with cutting and materials as needed. Enjoy your own ideas.

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DAY 16 ☐

Draw music

Listen to music and let the sounds inspire your lines and colours.

DAY 17 ☐

A new planet

Invent a planet and draw something that lives there.

DAY 18 ☐

Draw a feeling

Show a feeling using colours, lines, shapes or characters.

DAY 19 ☐

Picture story

Draw a beginning, middle and ending in three boxes. Words are optional.

DAY 20 ☐

Dream playground

Design a playground with surprising places to play and explore.

DAY 21 ☐

Object character

Give an everyday object a face. Draw its adventure.

DAY 22 ☐

Torn-paper picture

Tear paper, arrange the pieces into a picture, then glue them down.

DAY 23 ☐

Texture hunt

Try crayon rubbings over safe, flat textures such as corrugated cardboard.

DAY 24 ☐

Cardboard printing

Dip a cardboard edge in washable paint. Print lines and patterns.

DAY 25 ☐

One-colour collage

Collect paper scraps in shades of one colour and make a collage.

DAY 26 ☐

Paper sculpture

Fold or curl paper strips. Glue them onto a cardboard base.

DAY 27 ☐

The other half

Glue down half a picture, then draw your version of the missing side.

DAY 28 ☐

Mix your materials

Combine drawing, painting and paper collage in one artwork.

DAY 29 ☐

Try a favourite again

Repeat a favourite prompt with a new idea, colour or material.

DAY 30 ☐

Mini art exhibition

Display favourite artworks, give them titles and share them with family.

Basic supplies: paper, pencils or crayons, washable paint, paper scraps and glue.

Adult help with cutting and materials as needed. Enjoy your own ideas.